

# Hamburger Steaks with Onion Gravy

## **DIRECTIONS**

- 1. In a large bowl, mix together the ground beef, salt and pepper.
- 2. Divide it into 4 equal portions, shaping each into a ½-inch-thick patty.
- 3. Form into 4 balls first and flatten into patties.
- 4. Coat your skillet with oil spray and place the skillet on the cooktop.
- 5. Heat a skillet over medium-high heat for 2 to 5 minutes. Recommended power level: 6-7.
- 6. Place the patties and cook for 5 to 6 minutes on each side or until browned. Remove from skillet.
- 7. Reduce power level: 5
- 8. In same skillet, add the  $\frac{1}{2}$  tablespoon oil and onion. Sauté for 5 to 10 minutes or until lightly browned and tender.
- 9. Sprinkle flour and stir constantly.
- 10. Add stock and remaining salt and pepper and bring to a boil.
- 11. Reduce power level: 3
- 12. Return patties to skillet. Cook with lid for 5 minutes or until gravy is slightly thickened.
- 13. Sprinkle with green onions, if desired.
- 14. When cooking is finished, turn off the burner.



## **PRODUCTS**

36-Inch Induction Cooktop, LCD,
Frameless
30-Inch Induction Cooktop, LCD,
Frameless
48-Inch Dual-Fuel Steam Range with
Embedded Griddle

#### MODE

Power level 5

# **COOK TIME**

30-40 minutes

# **INGREDIENTS**

- 1 lb. ground sirloin
- Salt and pepper to taste
- 1 Tbsp. canola oil, divided
- 1 ½ cups vertically sliced onion
- 2 tsp. all-purpose flour
- 1 cup unsalted beef stock

# **SERVES 4**